



Our oceans are drowning in plastic... and no one is really paying that much attention.

It's a frightening fact that every single piece of plastic ever made still exists somewhere on this planet.

With plastic there really is no 'away'. While we treat plastic as a disposable material, it's actually indestructible, at least during our lifetimes and for the next few generations to follow us.

Globally, we are consuming more and more single-use plastic items, but many countries lack the waste infrastructure to process it, resulting in plastic debris entering our waterways.

In places where there is good infrastructure, intentional littering or improper disposal may have the same results. Many people don't think about the way they may be contributing to this waste, such as by throwing a cigarette butt (which is plastic!) on the ground or adding their trash to the top of an overflowing garbage can.

Here are some tips that you as an individual can use less plastic. Read more at www.lessplastic.co.uk. ■

Sustainability— **Plastic**

Contributed by Catherine Ohl

9 TIPS FOR LIVING WITH LESS PLASTIC

- 1** Bring your own shopping bag
- 2** Carry a reusable water bottle
- 3** Bring your own cup
- 4** Pack your lunch in reusable containers
- 5** Say no to disposable straws & cutlery
- 6** Skip the plastic produce bags
- 7** Slow down and dine in
- 8** Store leftovers in glass jars
- 9** Share these tips with your friends

LESS PLASTIC.

WWW.LESSPLASTIC.CO.UK

