

Tips for a Safe Ski Week

Ski with Pride • Let it Ride • Watch all Sides

Respect Altitude

Drink tons of water. Avoid alcohol and caffeine for the first few days.

Wear Sunscreen —

your first day and every day?

Dress in Layers

Dress so you can add or take off clothing as the weather changes. You can always store the extra items in a locker or a backpack. Remember most of your body heat escapes through your head, so wear a hat/helmet if you feel cold.



Buy or Rent a Helmet

Today's helmets are warm, lightweight and ventilated. Steamboat recommends everyone wear a helmet.

Ice Driving School

Develop the confidence you need to drive on snow and ice! The Bridgestone Winter Driving School offers a variety of winter driving instruction for all driving abilities. Call 800-why-ski.

Bring a Trail Map

The mountains are huge and you will enjoy them so much more if you know where you are going.

Go for the Powder

There is no comparable experience. If you can't ski powder, take a lesson. Group lessons can be tailored to powder, or any other conditions for that matter.



Backcountry Skiing

Areas beyond the resort boundary are not patrolled or maintained and avalanches and other hazards exist. Access to public lands outside the boundary is provided through marked access points.

We strongly urge those venturing into the backcountry to know your limits and to be prepared for any set of circumstances. Should you need help, rescue in the backcountry is coordinated through the Routt County Sheriff's Office and may be costly and slow.

Skiing the Trees.

If you're new to tree skiing, practice on gentle slopes with widely spaced trees. You should get the feel after a few runs. Look at the open spaces rather than the trees.



Know the Code.

Safety on the mountain is an important part of enjoying the slopes. Always show courtesy to others and be aware that there are elements of risk in skiing that common sense and personal awareness can help reduce.

- Always stay in control.
- People ahead of you have the right of way.
- Stop in a safe place for you and others.
- Whenever starting downhill or merging, look uphill and yield.
- Use devices to help prevent runaway equipment.
- Observe signs and keep off closed trails.
- Know how to use the lifts safely.