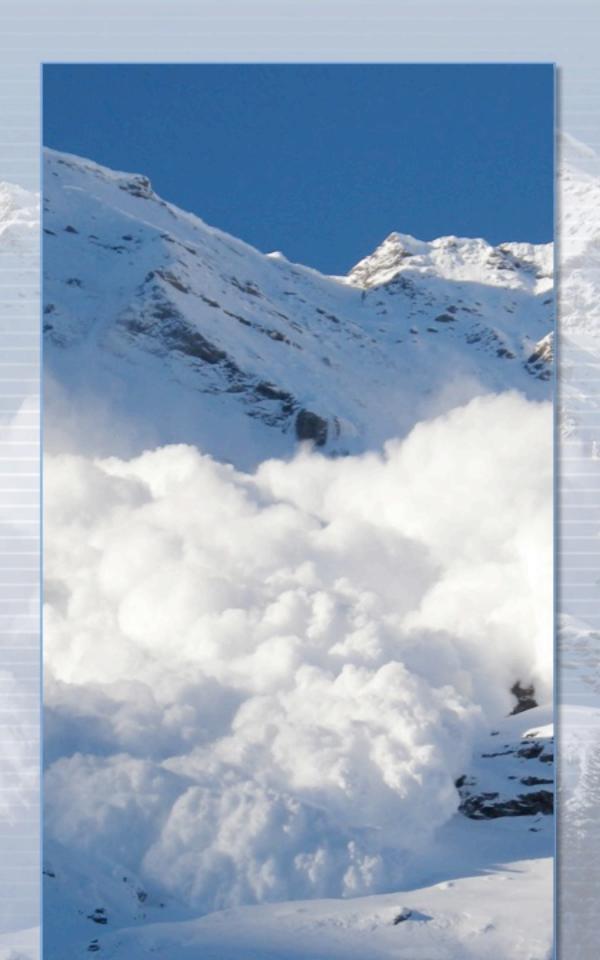
# Riding Out of Bounds— Getting Started

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#### **Out of Bounds**

- Big mountain riding is generally found out of bounds
- With avalanche deaths on the rise, you must learn before you go to
  - Navigate safely
  - Survive going beyond patrolled terrain



# Know before you go

- Study snow reports
- Understand how weather affects
   snowpack
- Is it stable?
- Is there enough snow coverage?
- Good resource—
   opensnow.com/forecasts
- Respect signs



#### **Get Right Equipment**

- Shovel
- Beacon
- Probe
- Snow Saw
- Rutshblock Cord
- Thermometers
- Slope Meter
- Snow evaluation magnifier
- Life-Link snow crystal card
- Weather band radio



# Clothing

#### Touring equipment

- Helmet
- Goggles / sun glasses (UV rated)
- Crampons
- Ice axe

#### Outer Wear

- Jacket
- Pants
- Gloves, mittens
- Hat, balaclava, beanie

#### Sensible inner layers

- No Cotton
- Long johns
- Fleece glove liners
- Wool socks



#### **Essentials**

- Ski backpack
- First aid kit
- Emergency blanket
- Hydration system
- Thermos for hot liquids
- Compact stove, pot, utensils / Sharp knife
- Waterproof Matches & candle
   & flashlight
- Duct Tape
- Webbing
- High energy food / snacks



#### Take a course

- Courses are generally a few days
  - Learn the basics in reading terrain and snowpack
  - Learn how to use the gear
  - Learn about assessing risk
- Gives you in the field & on hand training



## Go with experience

- Find a mentor
- Tackle mellow terrain first
- Ask questions...
   lots of questions
- Tag along with someone who knows what they are doing



### Earn your turns

- Get in shape
  - A lot of time is spent hiking up the mountain
- Get your skiing legs
  - Tackle ungroomed slopes inbound



#### Resources

California <a href="http://www.sierraavalanchecenter.org/">http://www.sierraavalanchecenter.org/</a>

Colorado Colorado Avalanche Information Center

Utah <a href="https://utahavalanchecenter.org/">https://utahavalanchecenter.org/</a>

Montana http://www.mtavalanche.com/

Oregon <a href="http://www.coavalanche.org/">http://www.coavalanche.org/</a>

Washington/Oregon <a href="https://www.nwac.us/">https://www.nwac.us/</a>

Wyoming <a href="http://www.jhavalanche.org/index.php">http://www.jhavalanche.org/index.php</a>

Other <a href="http://snoinfo.com/">http://snoinfo.com/</a>



# Be Safe Out There Series!

# Ski With Pride • Watch All Sides • Let It Ride— First with Safety Awareness

PacificRimAlliance.org fwsa.org





Use your brain, it's the most important part of your equipment.

~Kevin Andrews and Warren Miller, Extreme Skiing